

CVUSD WELLNESS GOALS

CVUSD Wellness Annual Assessment Report 2024/2025

Responsible Party	Key Element	How Monitored?	Compliance Check		
			How Often Monitored?	Jul-Dec	Jan-June
Elementary Curriculum Director of Elementary Curriculum Elementary Curriculum Coordinator	Board Policy: 614.27				
	For students in grades 1-6, 200 minutes each 10 school days, exclusive of recesses and the lunch period	PE time is included in each school's master calendar. Administrators oversee the master calendar and adherence to PE minutes. Many schools also use funding to pay for PE teachers on their campuses.	Biweekly	X	
Secondary Curriculum Director of Secondary Curriculum Secondary Curriculum Coordinator	Board Policy: The district's physical education program shall engage students in moderate to vigorous physical activity for at least 50% percent of the class session.				
	Physical Education Opportunities for Grades 7 and 8	Ensure students receive 7200 minutes of physical education per school year.	Yearly		X
Secondary Curriculum Director of Secondary Curriculum Secondary Curriculum Coordinator	Board Policy: The district's physical education program shall engage students in moderate to vigorous physical activity for at least 50% percent of the class session.				
	Physical Education Opportunities for Grades 9-12	The district's physical education program shall engage students in moderate to vigorous physical activity for at least 50% percent of the class session.	Yearly		X
Health Services Director of Health Services MTSS-B Coordinator & Special Education Director of Special Education BIP Coordinator	Board Policy: 5030(a) Student Wellness Coordination and alignment to support student wellness through psychological and counseling services.				
	Mental Health Supports	The district will increase mental health awareness for students and families regarding options within and outside CVUSD (e.g., Care Solace) through district and school-site website platforms and during individual student meetings.	Yearly		X

Child Development Director of Health Services Child Development Coordinator ELOP Coordinator	Board Policy: 5030(b) – Student Wellness – All students shall be provided opportunities to be physically active on a regular basis.				
	Physical Activity	Each child has a chance to play outdoors for at least 30 minutes out of every three-hour block of time at the Fun Club programs. The coordinators will monitor with an Observation Checklist that is shared with the Child Development Teachers at each Fun Club site.	Weekly	X	

Community Partner: City of Chino	Board Policy: 5030(a)				
	Student Wellness	Chino Human Services Counseling Program provides school-based counseling services to CVUSD students experiencing challenges such as family difficulties, stress, grief and anxiety. Counselors also support SOAR and High Five Specialists by providing observations and recommendations for students experiencing difficulty with transitions and expressing emotions.	Biannually	X	X

Community Partner: City of Chino	Board Policy: 5030(a)				
	After school Physical Education and Activity	SOAR, RAAP and High Five after school participants for grades K-8th engage in age-appropriate moderate physical activity for a minimum of 30 minutes a day, 150 minutes a week. PE time is included in each of the after-school sites activity schedule. City staff oversee the schedule and adhere to conducting the activity each day of program.	Biannually	X	X

Community Partner: City of Chino	Board Policy: 6142.7 (e)				
	PALS Tier 1 Service	City of Chino provides the PALS program as an early intervention and prevention program that enhances the educational experience and personal development of children having mild to moderate difficulty adjusting to school. City of Chino PALS Specialists work with a small group of kindergarten through 3rd grade students once a week for 30 minutes for 9 weeks in small group setting. The program fosters positive social skills and creating a healthy self-concept of oneself.	Biannually	X	X

Community Partner: City of Chino	Board Policy: 5030(a)				
	TUPE Student Wellness- Tobacco-Free School	The City of Chino TUPE facilitators provide two tobacco-prevention programs to every school in the Chino Valley Unifies School District: You and Me, Vape Free and Project Alert. This comprehensive program is designed to educate 6 th and 7 th grade students of the damaging effects of vaping and drugs and to lead youth towards a tobacco-free life. Students participate in a lesson once a week for 6-7 consecutive weeks.	Biannually	X	X


Date Completed: February 21, 2025	Completed By: Lisa Madera	Completed By: Eric Dahlstrom	Approved By: Katrina Gomez
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